

# The Yogas of The Bhagavad Gita

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**YOGA OF THE HESITATION AND DEJECTION OF ARJUNA** - The War Within an Individual Being

**SAMKHYA YOGA** - The Way how to develop from a seed or potential, by control of power, through stages and categories, into the original state of the Absolute

**KARMA YOGA** - The Way of Works and Action leading to accumulation through cause & effect - Pitriyana of ancestral influence. Not seeking the fruits of action.

**JNANA YOGA** - The Way of Knowledge and the Abandonment of Action. Knowledge through information gathering and serial thinking - Manas

**SAMNYASA YOGA** - The Way of Renunciation of attachment to possessions and values, both before & after realisation. Abandonment of self-will.

**DHYANA YOGA** - The Way of Meditation through Dialectic Rationale

**VIJNANA YOGA** - The Way of Discriminative Intellect and SELF-realisation - Wisdom - Higher Reason - Buddhi

**ABHYASA-YOGA** - The Way of Concentration - Continuous endeavour - Repetition and Patience

**RAJA YOGA** - The Way of Will Power - sovereign wisdom, secret & mystery

**ISHTA-DEVATA YOGA** - The Way of Divine Manifestations of the Purushottama - Worship of Deities and Realised Forms

**ISHVARA-RUPA YOGA** - The Way of Revelation of the UNIVERSAL FORM - Universal Authority, Universal Mind as Governor, the Lord, OM.

**BHAKTI YOGA** - The Way of Love & Devotion, Beneficence & Sharing. Highest form of Love is "The Will to Work to Develop the Potentials of Being wherever it appears" - E.H.

**KSHETRA YOGA** - The Way of Differentiation of Matter And Spirit. - The Field & the Knower of the Field - The Observer is not the Observed - Reflexive Self-consciousness.

**GUNA-ATITA YOGA** - The Way of transcending the 3 qualities - Mood Control & it's Manifestations - transition from tamas to rajas to sattva to Atman(Self) The differentiation of the Three Gunas.

**SAMADHI YOGA** - The Way of identification with The Supreme Spirit, The Supreme Self, the Non-dual Infinite Sentient Power as 'Spirit' entering and leaving finity - H.Gh.

**KAMA-RUPA YOGA** - The Way of Differentiation of Desire & Form - higher desire & lower desire - Spirituality and Materialism, Divine & Demonic

**TRIMURTI-SHRADDHA YOGA** - The Way of The Threefold Faith and Motiveconsideration. Body, Speech, Mind in each of the 4 castes(12 motives). Faith - walk in the dark, as a man thinks in his heart. Overcoming the mood of doubt(samshaya) in its 3 forms - Sattva-natured, Rajas-natured and Tamas-natured. (Faith cp. Reason)

**YOGA OF LIBERATION AND RENUNCIATION** - The Way of Deliverance through Renunciation of Personally Motivated Egoic Action - or the failure to do so and the resulting consequences. Q. What 'Centre' is 'Action' 'Motivated' from?(3 centres) Fruit contains the seed of further development. Do I choose fruit, or not? Not My Will, but Thine Be Done. All I do I do for Thee Oh Lord.

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