

Birth - Physical & Spiritual by Eugene Halliday

To be **born**, is to be placed in the **material world** where **true initiative** is almost a stranger.

In the material world **inertia** rules most actions.

We are **conditioned** by:

Ancestral Tendencies,
Communal Mass Responses,
Indoctrination originating in various organisations or establishments,
Group Biases & various other **determinants of action**, most of them largely unconscious.

The **Physical Man** is, as such, an enemy of **Spirit**, for the physical of itself is non-developmental & incapable of evolution to higher levels of being. The evolutionary instinct springs from Spirit itself.

Apart from **Inertia**, which tends to keep things as they are, there is only **Initiative**, the **power** of **free intelligent response**. It is this power that we mean when we use the word "Spirit".

Spirit is intelligent initiative power.

Spirit **apprehends at once** whatever is required for development & survival. It allows us to perceive with perfect clarity the realities in every situation. It enables us to group together immediately all of our **percepts**, and to form from them **concepts** which structure **reality** for us in the most beneficial way.

Spirit empowers us to battle against and to **overthrow all inertias of erroneous behaviour patterns** which hitherto have held us back in slavery to untruth.

On the attainment of **Spiritual Birth**, the **physical body** begins to become more **refined** in its constituent elements. It progressively becomes more Spiritualised. It is freed from the down-dragging forces of inertia and gravitation. **Decisions** become more and more **intelligent** and less weighed down by **time matter processes and considerations**. **Joy** begins to displace the general anxiety that afflicts mankind. Things once opaque become transparent to the **enlightened consciousness**. All good things become attainable.

To attain the Spiritual Birth we have to live first like a **caterpillar** which spends all of its time **eating** until it has stored up enough energy to essay the entrance into the dangerous state where it will turn into a **butterfly**.

For us as human beings, the equivalent of the caterpillar's eating phase is the gathering of **knowledge** through **sense organs**. We **mentally** "eat" what we **see** and **feel** and **undergo** in our experiences, until we are so full of information about the nature of reality that we become able to **let go of our appetite phase** and enter by **faith** into the realm of Spirit.

As we **assimilate** the **meanings** of all of our experiences, we begin to **trust** more and more in **that in us which has empowered us to perceive, conceive, feel, evaluate and will**.

We begin to perceive the **true nature of divinity** and **our participation in it**.

We become able to say to mountains of old erroneous ideas "**be removed into the sea of formlessness**".
